

# Fort Hayes Opus

Volume 4 Issue 7 March 2022 Yearlong

The mission of Fort Hayes is to create expectations of excellence through challenging and collaborative learning by blending the arts, academic and career programs.



"Fourth of July" by Samaya Norman (Fort Hayes Career Center Photography Student). Norman's work will be in the Ohio Governors Youth Art Exhibition along with other selected Fort Hayes students.

## Main Office

Located in Buildings  
101 & CAATC/Health

Main Number (614) 365-6681

**High School Office 7am – 3:30pm**

Office 380-977-5640

[forthayeshs@columbus.k12.oh.us](mailto:forthayeshs@columbus.k12.oh.us)

Attendance 380-977-6024

[attendance.fhsarts@columbus.k12.oh.us](mailto:attendance.fhsarts@columbus.k12.oh.us)

School Counselors:

Gillman (L-Z) 380-997-6186

Kliner 380-997-6187

Peterson (A-K) 380-997-6188

**Career Center Office 7am–3:30pm**

Office 380-977-6050

[fhcc@columbus.k12.oh.us](mailto:fhcc@columbus.k12.oh.us)

Attendance 380-977-6139

[attendance.ffccc@columbus.k12.oh.us](mailto:attendance.ffccc@columbus.k12.oh.us)

School Counselors:

Kanowsky 380-977-6054

Matunas 380-977-6052

## 10 Habits to develop a Lifelong Learning mindset

Brian Fairbanks

A lifelong learner is someone who uses both formal and informal learning opportunities to foster continuous development and improvement of the knowledge and skills needed for employment and personal fulfillment. One of the best parts about any school experience is the actual process of learning. From understanding how something works (the human body, the universe, a foreign language) to why people do what they do (history, sociology, psychology), that "aha" moment is what keeps many students motivated to study and stay in the classroom.

But what about *after* school? The good news is that learning doesn't have to stop with the completion of a degree. Through continuous learning, whether that's professional development courses, advanced degree programs, or self-study, adults can further their careers and continue to grow as people. And while that's reward enough, being a lifelong learner offers additional advantages in the real-world job market, too. After all, curious, intellectual people only enhance any organization they join.

### How to become a lifelong learner

Being a lifelong learner can mean different things to different people, but at its core, it's about cultivating curiosity and gratifying a thirst for knowledge. Getting a formal education in a structured setting is one way to pursue lifelong learning, but it's not the only way.

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## “...Lifelong Learning Mindset” continued

In fact, if you want to develop your personal relationships, advance in your career, and stay ahead in our always-on, always-changing society, it *can't* be the only way. That's where lifelong learning comes in.

Lifelong learning is the ongoing education of the self. Because it's on a continuum, this type of learning is self-motivated and often self-taught. It's about turning the act of learning in a classroom into a daily mindset and habit for personal development. It's about having a fierce desire to gain knowledge and skills whenever, wherever, and however.

The point is there's no wrong way to be a lifelong learner. You don't even have to be someone who likes school. You just have to commit to putting in the effort and being open to new challenges and ways of thinking – every single day. The benefits of being a lifelong learner are as vast and varied as the ways to become one: increased competence and confidence, a sense of purpose and satisfaction, an ability to adapt to change and overcome challenges, greater employability, and so on.

### 10 Ways to Develop a Lifelong Learning Mindset

#### 1. Recognize that you already have the traits of a lifelong learner

Lifelong learning represents a desire to actively seek out opportunities for growth, not being complacent and waiting for them to come to you. It's about having the self-motivation to be willing to put in a sustained effort to learn. A positive attitude of “I can and I will”, not “I can't and this will never be”, is essential.

#### 2. Take careful inventory of yourself

Developing a lifelong learning mindset starts with knowing yourself. How can you improve your current skills? What knowledge can you continue to build? Have your friends and family commented on a talent you have? What are your strengths and weaknesses, both personally and professionally? Identify the areas where you think a few extra skills of knowledge could go a long way and then see if there are classes that can help you fill in those gaps. Set a learning goal and attack it.

#### 3. Embrace a growth mindset

You can't be a lifelong learner if you have a fixed mindset, but you can be with a growth mindset. With a growth mindset, you care about the hard work you put into learning, not about how smart you'll look when the course is over. The belief of a lifelong learner is this: “If you have an idea of what you want, there's always a way to get there.”

#### 4. Be curious

Learners need to be open-minded. You have to be open to new experiences, good and bad, and what they can teach you. In a way, being a lifelong learner means having constant FOMO – fear of missing out on the opportunity to learn and do something new outside your comfort zone. Curiosity is at the heart of all questions. Always ask questions – of yourself, of people you know, of the internet. Curiosity yields questions, asking questions yields answers, and gaining knowledge is what lifelong learning is about.

#### 5. Get comfortable with being uncomfortable

Change can be uncomfortable because your ego may want to protect itself from what's new and challenging. But discomfort is necessary for the growth that comes from lifelong learning – that whole “two steps forward, one step back” concept. Every hiking trail begins with someone trampling through uncharted territory. Imagine you are that first adventurous soul, and that all the hikers in the future will be grateful for a marked trail. The more you confront resistance to new things, the easier it gets.

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## Fort Hayes Career Students work selected for the Ohio Governors Youth Art Exhibition

Three students have been selected from Fort Hayes to have their work in the Ohio Governor's Youth Art Exhibition: Samuel Garcia “Knothead from Cleveland” pictured above, Rosalie Gengras “Kneeling for Justice” pictured below, and Samya Norman “Fourth of July” pictured on the cover. The Ohio Governor's Youth Art Exhibition is dedicated to the educational and artistic advancement of our talented young people in the state of Ohio. The goal is to provide all budding young artists of the state with opportunities to advance their talent.

Garcia and Gengras join 15 other Fort Hayes Career Center students who have work exhibited in the Central Ohio Regional Governors Show which runs from March 24 through May 14, 2022 at the McConnell Art Center.

The students selected are all in the Career Center Graphic Design, Photography or Art Portfolio programs.



## “...Developing a Lifelong Learning Mindset” conclusion

### 6. Read!

Reading is key to adult education, raising lifelong learners and is the best way to gain new perspectives, think differently, learn how others struggle and thrive, and expand your ideas of what’s possible.

Think of reading as a tree: with the reader moving from branch to branch. You start with one book, then based on what you learn, you read another and soon, you’re reading four or five books back-to-back. Novels, essays, memoirs, poetry collections, blog posts, magazine stories, newspapers and articles – read it all. If you’re not a natural reader, don’t give up! You don’t have to finish every book you start. You don’t have to make it a chore. Simply read what interests you, stay open to finding new interests and work reading into your daily life.

### 7. Know that physical health is mental health

Health and wellness work hand-in-hand with becoming a lifelong learner. When you feel your best, you’re at your best and most receptive. Think of it as a holistic approach to learning and life: How you do one thing is how you do everything. The better you take care of yourself physically, the better you’ll perform mentally.

### 8. Understand how your environment – online and off – matters

You can’t fill a house with your furniture if the previous owner’s furniture is still there, right? That applies to lifelong learning. You have to declutter your work environment and your mind to make room for the new you. Cleaning your workspace and priming it for productivity will help remove distractions.

### 9. Look at lifelong learning as a way of life, not a one-off activity

Becoming a lifelong learner doesn’t mean turning your life upside down overnight. Start with small, simple, and gradual changes, like being more conscious of how you spend your time. Read an article you’ve saved instead of scrolling through social media, watch a documentary instead of a movie, listen to a productivity podcast instead of music...over time, micro-changes become macro-habits.

### 10. Embrace more time with yourself

What do you want to learn? What skills do you want to improve? What’s something you should do more of because it will bring you joy? Think about how good it will feel to emerge with a new skill or a new area of knowledge.

### What is lifelong learning important?

Lifelong learning isn’t just a fulfilling personal trait. It can offer real career advantages as well. According to a popular hiring blog, companies “shop for workers based on skills rather than official qualifications or job titles...generic experience and flexibility cannot compete with serial mastery”. That means the more skills you gain, whether through official channels like degree programs and certifications, or self-directed modalities, the more valuable you become to employers.

## School Calendar

### Thursday, March 24

Metropolitan Choir Concert  
Performing Arts Auditorium 7:00 pm

### Friday, March 25

High School Dance Ensemble Performance  
Lincoln Theater 7:00 pm

### Saturday, March 26

High School Dance Ensemble Performance  
Performing Arts Auditorium 3:00 pm

### Thursday, April 7

High School Musical Performance  
Performing Arts Auditorium 7:00 pm

### Friday, April 8

Red Cross Blood Drive 8am-2pm  
High School Musical Performance  
Performing Arts Auditorium 7:00 pm

### Tuesday, April 12

Career Center New Student Orientation

### Wednesday, April 13

High School Class Meetings

### Thursday, April 14

Principal Show  
Performing Arts Auditorium 11:00 am  
30-minute early release to  
begin Spring Break

### Friday, April 14 through Friday, April 22

Spring Break

### Monday, April 25

Classes resume





Friday, April/8/22

Fort Hayes MEC

8:00 am to 2:00 pm

# BLOOD DRIVE



1 PINT = 3 LIVES SAVED

**Room 118 - JRROTC  
546 Jack Gibbs Blvd.  
Columbus, OH 43215**

TO SCHEDULE AN APPOINTMENT, CONTACT JR. ROTC OR MRS. RACANELLI

BE EXCELLENT.  
BE THE EXCEPTION.  
**BE FORT HAYES.**

## Columbus City Schools 2021-2022 School Calendar

**Focused**                      **Hardworking**  
**Organized**                    **Artistic**  
**Resourceful**                 **Yearlong**  
**Teachable**                    **Engaged**  
   **Scholarly**

**WE WORK HERE!**

CCS is making students  
**READY FOR SUCCESS**

Through:  
Instructional Fidelity  
Leadership Fidelity  
Parent Engagement  
Culture and Climate

### Dates to Remember

Aug 23 - 25	Staff Professional Development
26-Aug	First Day for Students
6-Sep	Labor Day (schools closed)
15-Oct	Professional Development Day
26-Oct	End of Q1
27-Oct	Records Day
2-Nov	Professional Development Day
24-Nov	Parent Teacher Conf. Comp Day
Nov 25 - 26	Thanksgiving Recess
17-Dec	30 Min Early Release (Holiday)
Dec 20 - 31	Winter Break
14-Jan	End of Q2
17-Jan	Martin Luther King, Jr. Day
18-Jan	Professional Development Day
19-Jan	Records Day
2-Feb	Professional Development Day
21-Feb	Parent Teacher Conf. Comp Day
9-Mar	Professional Development Day
22-Mar	End of Q3
23-Mar	Records Day
14-Apr	30 Min Early Release (Holiday)
Apr 15 - 22	Spring Break
30-May	Memorial Day (schools closed)
2-Jun	Last Day for Students
3-Jun	Records Day





# Parent Page

## Parent Portal Info:

Please, update and verify your:  
Contact Email  
Contact Phone number

The link to the Parent Portal is:  
<https://www.ccsch.us/ParentPortal.aspx>

**Forgot Your Password?**  
Email: [parentportalaccess@columbus.k12.oh.us](mailto:parentportalaccess@columbus.k12.oh.us)

Or call the CCS FACT Line at  
614-221-FACT (3228)

<https://www.ccsch.us/ForthHayesHS>

<https://www.ccsch.us/ForthHayesCC>

High School Email  
[forthayeshs@columbus.k12.oh.us](mailto:forthayeshs@columbus.k12.oh.us)  
High School Attendance Email  
[attendance.fhsarts@columbus.k12.oh.us](mailto:attendance.fhsarts@columbus.k12.oh.us)

Career Center Email  
[fhcc@columbus.k12.oh.us](mailto:fhcc@columbus.k12.oh.us)  
Career Center Attendance Email  
[attendance.ffcc@columbus.k12.oh.us](mailto:attendance.ffcc@columbus.k12.oh.us)

## STUDENT TECHNOLOGY INFORMATION

If your student needs a **Chromebook or Hotspot** please contact the school and we will set up a time for pick up.

Please contact the CCS Help Desk if the student or parent has any:

- General Access Questions
- Log in issues
- Account Questions

**Columbus City Schools Helpdesk:**  
**614-365-8425**

If your child has a **broken** Chromebook, Hotspot or broken/lost Power Adapter, please contact the school to schedule a time for an exchange.

**Remember that students are supposed to bring their Chromebooks to school (fully charged) to use in classes throughout the day.**

## PBIS Trending Data

